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 > Log In
 > Register

Home > News > Newsletters > Connected > March 2010

March 2010

Tweet Facebook

- NEWS
- Newsletters
 - Connected
 - Power of Business
 - Bright Ideas
 - My Generation
 - Media Centre
 - Power Outages
 - Events
 - Unplug this Blog!
 - News Archive
 - Business Events

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News & tips for Team Power Smart members

BC Hydro
powersmart

As the 2010 Winter Olympics come to a close, a reminder that another group of elite athletes is about to take centre stage at the Paralympic Winter Games. Don't miss out on cheering BC Hydro engineer and amputee skiing star [Lauren Woolstencroft](#) and her Canadian teammates, and drop by the Power Smart Village in downtown Vancouver. It's open throughout the Paralympic Games... Also this month, we feature the story of a family dog who [inspired a Surrey family](#) to become Power Smart, and we check in on what it's like to live at Victoria's DocksSide Green, through the eyes of one of its residents, [Power Smart leader Adam Kreek](#).



WATCH FOR GOLD IN THE ALPINE AT PARALYMPICS
 Led by BC Hydro's own Lauren Woolstencroft, a solid favourite in several events for amputee skiers, Canada is set to deliver on Whistler's slopes during the 2010 Paralympic Winter Games. [Learn more](#)



FAMILY DOG INSPIRES POWER SMART FAMILY
 A Surrey family's bid to comfort a cancer-stricken family dog took them on a roundabout route to [Team Power Smart](#), and eventually won them tickets to a 2010 Winter Games ice hockey game. [Learn more](#)



TURNING DOWN THE HEAT VIA THE INTERNET
 En route to Vancouver for the 2010 Winter Games, Power Smart leader Adam Kreek remembered he hadn't turned down the heat in his condo. No problem. [Learn more](#)

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IN THIS ISSUE:

- Don't miss Lauren Woolstencroft at the Paralympic Winter Games
- Dog's struggle inspires family to join Team Power Smart
- What's it like to live in Victoria's very green DocksSide Green?
- An emotional roller-coaster
- Shut off unnecessary lights and equipment for Earth Hour



NO-COST, LOW-COST TIPS
 Use our [Green Your Home Guide](#) and our [no-cost, low-cost tips tool](#) for ideas on how to cut your BC Hydro bill.



NEW MONTHLY CONTEST
 We've teamed up with the likes of NBA star Steve Nash and Lululemon founder Chip Wilson to launch a new monthly contest. We start with a [chance to win](#) one of 20 copies of Vancouver 2010 Official Souvenir Programs signed by para alpine ski star Lauren Woolstencroft. [Learn more](#)



REBATES & SAVINGS
 Our [mail-in coupons](#) save you money on everything from a 3-in-one power feature light-night-light-festlight to shower heads and power bars. [See more Rebates & Savings](#)

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RECENTLY ON UNPLUG THIS BLOG!



AN EMOTIONAL ROLLER-COASTER
 Sven Kramer was the best, but lost gold. Joannie Rochette lost her mom, then won our hearts. It's stories like these that make the Games so compelling.



FIXING A LEAKY LOCAL CHURCH
 The Unitarian Hall in Powell River wanted to keep offering space to local groups for next to nothing. The problem? High heating bills.

THIS MONTH ON BCHYDRO.COM

EARTH HOUR SET FOR SATURDAY, MARCH 27
 Join us by turning off unnecessary lights and equipment during [Earth Hour](#) on March 27 from 8:30-9:30 p.m.

SMART METERS TO LINK CUSTOMERS TO THE GRID
 BC Hydro will be replacing analog meters with smart meters over the next few years, providing customers with a real upgrade.

THE FUN CONTINUES AT POWER SMART VILLAGE
 This week and throughout the 2010 Paralympic Winter Games, BC Hydro's popular downtown attraction remains open.

BUY A CHERRY BLOSSOM TREE FOR JUST \$30
 To help celebrate Vancouver's 125th birthday, the Vancouver Cherry Blossom Festival Society is [selling trees](#). Hurry, they're going fast.

BUNDY THE CAT'S READY FOR EARTH HOUR
 As Earth Hour 2010 approaches, a look at a Vancouver family that relies on a cat to turn off the lights.

FEEDBACK

Thanks for your feedback on our new design. We've made some changes to improve readability! Please continue to send us your thoughts.

> [Let us know](#)

Connected is a BC Hydro residential customer eNewsletter, emailed monthly to customers who choose to receive the service.



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WHO WE ARE
 Our Commitment
 Three Bottom Lines
 Company Information
 Our System

PLANNING & REGULATORY
 Meeting Demand Growth
 Regulatory
 Acquiring Power
 Site C

YOUR ACCOUNT
 New Account
 Moving
 Rates
 Outages
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